

VOCABULARY

1

- | | |
|------------------|---------------|
| 1 open-minded | 5 rip-off |
| 2 endurance | 6 reconsider |
| 3 radical | 7 masterpiece |
| 4 pedestrianised | 8 numb |

2

- | | |
|----------------|-------------------|
| 1 respectively | 5 itinerary |
| 2 preservative | 6 networking |
| 3 campaign | 7 emulate |
| 4 threatened | 8 sentence ... to |

3

- | | |
|--------------|-----------------|
| 1 came into | 5 looks upon |
| 2 nods off | 6 talk ... into |
| 3 break up | 7 put ... aside |
| 4 getting at | 8 blacked out |

4

- | | |
|-----------------|------------------|
| 1 judgemental | 5 offender |
| 2 useless | 6 interference |
| 3 vandalism | 7 truthful |
| 4 Realistically | 8 apprenticeship |

GRAMMAR

5

- | | |
|----------------------|--------------------|
| 1 've read | 5 'd met |
| 2 'd been living | 6 was about to get |
| 3 start/are starting | 7 will have been |
| 4 'll be doing | 8 was working |

6

- 1 The closer you get to the city centre, the more expensive the houses become.
- 2 I wish I hadn't been mean to my younger siblings.
- 3 Talia might have left/It might have been Talia who left those flowers on the doorstep.
- 4 Under no circumstances should you let/leave your luggage out of sight.
- 5 If only I could sing in tune.
- 6 If it weren't Sunday the café would be open/wouldn't be closed.
- 7 It was Freddy who taught me how to play the guitar.
- 8 Loretta must have damaged/It must have been Loretta who damaged my car because no one else drove it.

7

- 1 I expect Nora has **been** delayed – she should be here by now.
- 2 Anouk is disappointed not **to have been** given/not **to be** given a promotion.
- 3 Can you get your assistant **to** make an appointment?
- 4 Correct
- 5 Jim told me he **had** been to Portugal three times.
- 6 Sammy didn't want to risk **being** followed.
- 7 Correct
- 8 Lisa and I had an argument and stopped **speaking** to each other.

8

- 1 Having missed the last bus, Henry had to walk home.
- 2 Elodie, whose website I was telling you about, has just got married.
- 3 The school my elder brother went to has been demolished.
- 4 Waving goodbye, Michelle jumped into her friend's new car.
- 5 The book to which he referred in his lecture is not available any more.
- 6 Discouraged by his parents' attitude, Aurelio gave up on the idea of becoming an actor.
- 7 Aberdeen, which is a city in Scotland, is one of the oldest cities in the UK.
- 8 Sophie went to the party dressed up in her best clothes.

LISTENING

9

- | | |
|-----------------|--------------|
| 1 calm | 4 41 to 61 |
| 2 unpredictable | 5 successful |
| 3 universal | |

TAPESCRIPT

Right, before we begin today's lecture, let's just remind ourselves quickly of the Big Five Personality Traits, which we talked about last time. What's the acronym which helps us remember them? Yes, that's right. OCEAN: O-C-E-A-N. And what does it stand for? O for Openness, C for conscientiousness, E for extroversion, A for agreeableness and N for neuroticism. I think that last one was new to some of you last time, wasn't it? Neuroticism basically means how stressed and anxious you get, so a person who usually remains calm would score low on neuroticism and someone who is often stressed would score high. OK?

Now, today we are firstly going to cover where our personalities come from. You've all heard people say 'he's just like his dad', or 'her mother was the same', but to what extent are we actually like our parents in terms of personality, behaviour and attitudes? And if we are, is that because the traits are transmitted in our genes or because we copy the behaviours we observe in our family members as we are growing up? Another area we will consider is whether we are stuck with the personality traits we are born with. Do our personalities change as we grow older and are they affected by our experiences in life?

Most psychologists agree that personality has an evolutionary basis. What that means is that personality traits that help us survive as a species have developed, while those that don't contribute to our survival have died out. Every personality trait that exists today is beneficial in some context. The world is an unpredictable place, which is why a huge variety of different traits exist, even within the same individual. You may be aware of yourself or others displaying different personality traits in different situations. You may, for example, find yourself being more agreeable with your teachers than with your parents. Maybe you are more introverted when you have an important test coming up, and you want to focus on that and avoid the distraction of friends. You may have witnessed your usually calm parent become aggressive when he or she gets behind the wheel of a car. This is normal human behaviour as we consciously or unconsciously adapt to different situations.

Now back to the Big Five. Extensive research has found that these five personality traits are remarkably universal. I use the word 'remarkable' because given that cultures and languages vary across the world, we might expect more differences in personality. But, don't forget, these traits are biological in origin so universality is actually to be expected. One study has shown that between 41 and 61% of each trait is inherited from one's parents, so if I inherit, say, 60% of my extroversion from my parents, where does the rest come from?

Psychologist Carol Dweck believes that our personalities develop around our basic needs and how they are met. She claims that infants come into the world with three psychological needs: firstly, they need to predict their world or in other words, to know what to expect. Secondly, babies need to be confident that they can influence the world so, for example, that by crying they will get milk. Finally, they need to know that they are accepted by others. To put it

simply, if a baby gets what she needs, she will believe the world is a good and safe place. Many studies have found that an individual's belief in his or her ability to develop and improve the traits they were born with have a huge impact on how their personality develops and, ultimately, how successful they are in life.

READING

10

- | | |
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| 1 B | 4 C |
| 2 D | 5 D |
| 3 A | |

WRITING

11

Sample answer

The Orchid Café is a hidden gem tucked away in the back streets of Wimbledon. My friends and I stumbled upon it after a morning of shopping, and we are so glad we did. We were greeted at the door by a friendly waiter, who asked if we'd prefer to sit inside or out. As it was a gorgeous sunny day, we opted for outside and were led through to a delightful terrace at the back with pots of colourful flowers and jazz music playing.

The menu was unexpectedly varied, making it a little difficult to choose. In the end, I opted for homemade tomato soup for starters and slow-roasted vegetables with spicy couscous for the main course. The soup, which was enriched with sun-dried tomatoes, was absolutely delicious. It was served with wonderful freshly baked bread. My friends all ordered different dishes and, of course, we tried a bit of everyone's. The salads were perfectly fresh and flavoured to perfection.

The only suggestion I have is to improve the drinks menu. Given that so much thought and imagination went into the food, they could have some creative drinks like unusual juices or flavoured teas and coffees. All that was on offer was the usual soft drinks available anywhere. Also, at present they only open for breakfast, 'brunch' and lunch, which is a bit of a shame as I'm sure they would do well in the evenings too. Overall, I would recommend the Orchid Café to anyone looking for tasty food and excellent food at reasonable prices.

SPEAKING

12

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|-----------|--------------|
| 1 case, D | 4 much, E |
| 2 take, B | 5 thought, C |
| 3 only, A | |